

BREAKFAST MENU



THE LODGE
AT ASHFORD CASTLE



The Lodge at Ashford Castle, Cong, County Mayo, F31 YC85, Ireland
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THE
RED CARNATION
HOTEL COLLECTION



THE LODGE
AT ASHFORD CASTLE



"What nicer thing can you do for somebody than make them breakfast?"

Anthony Bourdain

BEGIN YOUR DAY WITH

Freshly squeezed Orange or Grapefruit Juice
Attyflin Estate Pressed Apple Juice
Cranberry Juice
Berry Smoothie
Dairy-free Almond and Banana Smoothie

Selection of Freshly Baked Breads & Pastries delivered to your table

Croissants, Pain au Raisin, Pain au Chocolat
Organic Irish Soda Bread
Toast of choice

TO START

Irish Oat Porridge

Berry Compote & Local Honey

Selection of Fresh Fruit

Fresh Fruit Salad or Citrus Fruit Segments

Natural Yogurt or Velvet Cloud Sheep's Yogurt

Served with Local Honey & Granola

Selections of Cereals

Corn Flakes, Weetabix, Rice Krispies, Granola or Muesli

Charcuterie & Cheese

Organic Smoked Salmon,
Andarl Farm Salami, Prosciutto
Cashel Blue, Milleens, Knockanore Cheddar

TO FOLLOW

*At The Lodge we pride ourselves in sourcing the very best of local, artisan produce.
We love working with Andarl Farm the main source of our breakfast ingredients
and hope you enjoy the experience.*

Jonathan Keane

Executive Chef

Andarl Farm Full Irish Breakfast

Sausages, Rashers, Black and White Pudding, Free Range Hen's Egg of your choice,
all from Andarl Farm, Grilled Tomato, Potato Cake,
Baked flat cap Mushroom

Meat -Free Full Irish Breakfast

Lodge Potato Cakes, Grilled tomatoes, Baked flat cap Mushroom,
Sautee spinach, Baked Beans with
Andarl Farm Free Range Hen's Eggs of your choice

Poached Eggs Benedict Royale or Florentine

Gammon, Smoked Salmon or Spinach,
Toasted English Muffin,
Hollandaise Sauce

Traditional Grilled Kippers

Poached Hen's Egg, Lemon

Omelette of Choice

Gammon, Cheese, Tomato, Onion, Spinach

Cuinneog Buttermilk Pancakes

With Bacon & Maple Syrup or Berry Compote and Local Honey

Please ensure to inform your server of any dietary preferences